Weekly habit tracker

12 habits, one week. Print 52 and you have a year.

Week of _____

	MON	TUE	WED	THU	FRI	SAT	SUN

WHAT WENT WRONG, AND ON WHICH DAY

The heavy line marks the weekend. If your ticks stop there every week, the habit is tied to a weekday cue that does not exist on Saturday.

stellarhabit.com/blog/free-printable-habit-tracker